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# Message from the President

On behalf of the San Jose Police Officers' Association membership, I am honored to represent the near one thousand men and women who commit themselves to ensure the public's safety within the City of San Jose.

We could not effectively accomplish this task without your continued support, commitment and generosity in working together to address concerns to ensure public safety for all. Our environment is constantly changing and challenged with the demands to suppress crime on a day to day basis. A multitude of issues could not be effectively addressed without your positive and energetic line of communication to impact these factors within our society.

The men and women of the San Jose Police Officers' Association are dedicated to preserve a partnership with the citizens and community to effectively deter and stop immoral and criminal activity. Together, we will endeavor to maintain an optimistic level of professionalism for our law enforcement officers.

Again, thank you for your active participation and continued support.

Paul Kelly  
President  
San Jose Police Officers' Association



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# About the SJPOA *Charitable Foundation*

The San Jose Police Officers' Association Charitable Foundation (SJPOACF) provides financial support to charitable organizations within the community. Funding is made possible through SJPOA members' contributions, outside donations, and fundraisers. The SJPOACF supports four main categories of programs:

## **Organizations that benefit our community's youth**

The SJPOACF recognizes that providing positive activities help reduce the amount of problems going forward. Some of these organizations include: San Jose Police Athletics League, San Jose Hockey Club, Oak Grove Little League, Big Brothers, Big Sisters, Abrazos and Books, Boys and Girls Clubs of Silicon Valley, East Side Heroes, Safe from the Start, Blue Christmas Toy Drive, and the Cops Care Cancer Foundation.

## **Organizations that strengthen the bond within the community**

Making activities available allow people to come together and create a positive environment to live in. Organizations that aide in this include: the Police Amateur Athletics Foundation (PAAF), the Special Olympics, People Acting in Community Together (PACT), and the American Red Cross.

## **Organizations that provide support to our community's policing**

Important organizations that help reduce crime include: Mothers Against Drunk Driving, Next Door Solutions to Domestic Violence, the Exchange Club of San Jose, Silicon Valley Crime Stoppers, Golden Badge Foundation, Santa Clara County Peace Officers' Association, California Narcotics Officers' Association

## **Organizations that benefit Police Survivors and Police Memorials**

San Jose Police Chaplaincy, San Jose Police Foundation, San Jose Police Emerald Society, Concerns Of Police Survivors (COPS), and California Peace Officers' Memorial Foundation.

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## *Take Sirens Seriously*

*In an emergency, minutes can mean the difference between life and death, and critical seconds can be lost if drivers don't make way for emergency vehicles. Take sirens seriously — make way for an ambulance, fire truck or police vehicle. Someday you may be the one calling for help, or the life on the line might be a friend, neighbor or someone you love.*

### **How You Can Help**

You can do some simple things to help emergency personnel reach a person in need. Use the letters S.I.R.E.N. to remember the right way to yield to an emergency vehicle.

#### **S:** *Stay Alert*

Drive defensively, keep the noise level down in your car and look for more than one emergency vehicle approaching when you hear a siren.

#### **I:** *Investigate*

Check your rear-view mirror, scan in front and on both sides of your vehicle, try to estimate the closing speed of the emergency vehicle and plan your next move.

#### **R:** *React*

React quickly, but calmly and scan in all directions before pulling over. Always use a turn signal when exiting the roadway and don't slam on the brakes or pull over suddenly.

#### **E:** *Enter*

Before re-entering the road, make a visual sweep in all directions, turn on your signal, and gradually merge back into traffic.

#### **N:** *Never*

Don't stop at a place that doesn't have enough room to pull over safely and never follow or try to outrun an emergency vehicle.



# Travel Safely

*Personal Safety and crime prevention are key when traveling domestically and abroad.*

➤ ***Familiarize yourself with directions***

If you're heading out on a road trip alone or with some friends, it's best to become familiar with the directions before you leave. Research a few different travel routes, and map out which one will be the safest for you. Let someone else know your route and your itinerary, and let them know when you've arrived safely.

➤ ***Research your destination***

Look at recent crime trends and make note of current issues that may affect your visit. Take time to look at the local laws and familiarize yourself with them to prevent problems with the local authorities. In addition, find the location of the nearest police department and the local U.S. embassy.

➤ ***Register with STEP***

STEP (Smart Traveler Enrollment Program) allows those traveling to or living in a foreign country to register information about their trip so that the State Department can assist them in an emergency.

➤ ***Keep your passport with you***

Put your passport in a water-resistant, Radio Frequency Identification-blocking sleeve and keep it with you at all times. The sleeve prevents thieves from electronically reading data chips. Make a photocopy of your passport. In some instances, the photocopy will suffice as identification and will simplify the renewal process. Scan and save a copy in a password-protected file for mobile access.

➤ **Pack smart**

Do not pack clothes that can set you off as a tourist. Flashy accessories and expensive jewelry can draw the wrong attention. Pack the least amount of valuables possible and leave them in a safe in your hotel room if you don't need them. Don't bring your social security card, and try to limit the number of credit cards to one or two if you can. Bring a satchel or a purse that has a cross body strap and a zipper closure, and try to keep your bag in front of you when you're walking around or standing in a crowd of people.

Keep prescription drugs in their original bottle(s).

➤ **Contact your bank in advance to let them know you'll be traveling, especially if you're going out of the country.**

Unfamiliar purchases on your debit or credit card may signal fraudulent activity to your bank, and your card may be canceled. Let your bank know the days you will be traveling and where you will be traveling. This way your bank will know that the purchases showing up on your card are being made by you and not by someone who stole your debit card or identity. And don't forget to call your bank immediately if your card goes missing so they immediately stop any transactions from being processed without your consent.

➤ **Don't get into an unmarked car service**

Take taxis or other car services only if they are identified with official markings. You could be putting yourself at risk of being kidnapped or taken for ransom.

➤ **Keep money in two places so if you're robbed you will have backup cash.**

Being in another country or even a different city and being stranded without any money can be extremely dangerous. Always keep your money in a safe place, such as a money belt, and make sure you have an extra hiding spot for cash just in case you are mugged.

**Travel Safety  
Quick Facts and Tips**

**Thirty percent of travelers have their luggage lost or stolen.**

- Never leave your luggage unattended.
- Don't pack anything you can't afford to lose.
- Stay with your personal belongings when going through security.
- Account for all of your items.
- Don't open your bag in public areas.

**When going through security, keep your license or passport covered.**

- People looking over your shoulder can get your full name and address and know you aren't home.
- Those with cellphones or cameras can snap a picture of your ID.

**Include your identification information inside your bag (full name and address) in case it is lost.**

- Have clear instructions on how to return your bag to you.
- Don't put your full name and address on the outside of your bag.

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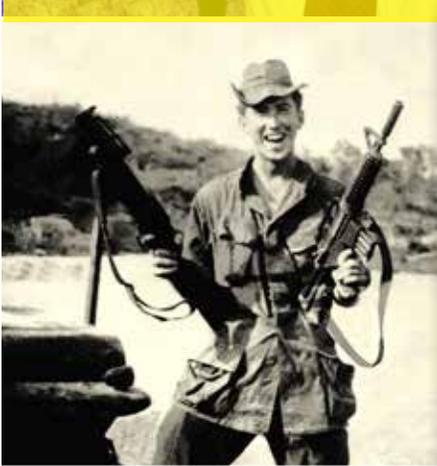
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# San Jose Police Officers Protecting our Community

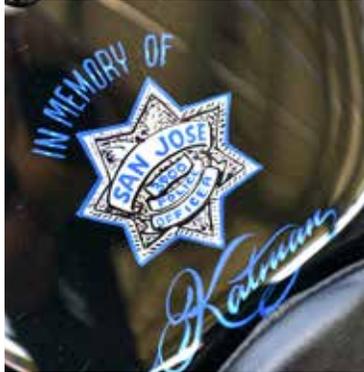






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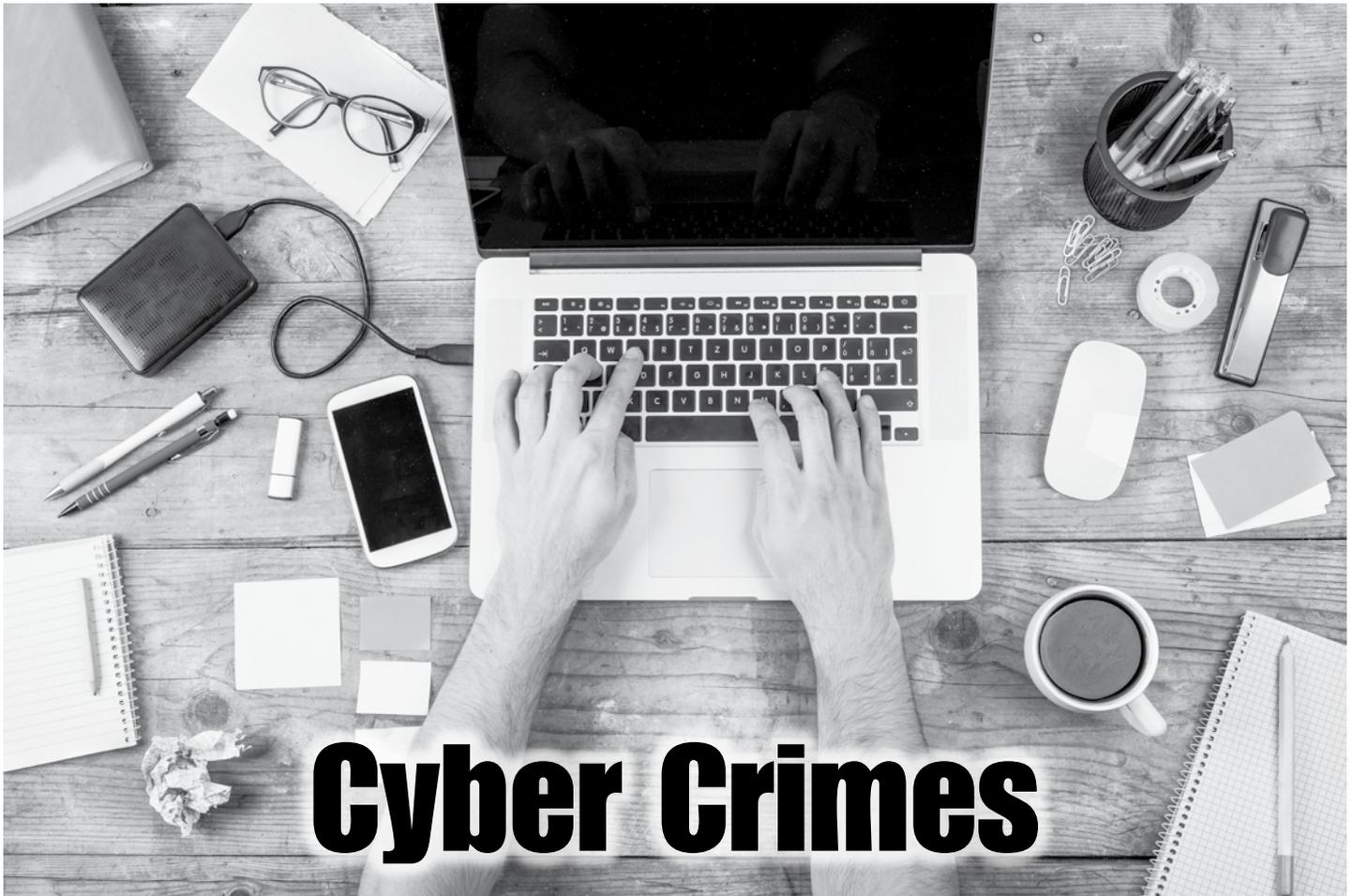
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# Cyber Crimes

*A crime committed or facilitated via the Internet is a cyber crime.*

*Cyber crimes can range from fraud to unsolicited emails (spam). Cyber crime incorporates anything from illegal downloads to stealing millions of dollars from online bank accounts. Through advanced systems, tech-savvy criminals are anonymous and can do great harm. The sheer size of the Internet and number of users makes it impossible for one agency to monitor and prevent every scam and criminal on the Internet. Thus, the responsibility falls on individuals to protect themselves.*

## **Common Types of Cyber Crime**

- Digital intellectual property theft, including hacking and piracy
- Fraud and identity theft, including phishing schemes
- Cyberbullying

## **Who Are the Victims?**

- Ninety percent of businesses admitted to being victimized at least once.
- Sixty-five percent of personal Internet users have been victimized.
- Seventy-three percent of Americans have reported being a victim of a cyber crime.<sup>1</sup>

*65% of Internet Users are Victims of a Cyber Crime*

## How to Stay Safe

### ➤ **Keep computer systems up to date.**

Cyber criminals will use software flaws to attack computer systems. By updating software programs regularly, you can stay ahead of the criminals who exploit flaws in older systems.

### ➤ **Choose a strong password and protect it.**

User names, passwords, and personal identification numbers (PINs) are used for almost every online transaction. A strong password is at least eight characters and contains both numbers and letters. Using the same username and password for multiple sites puts you at higher risk of having your password hacked. Change your password every 90 days to limit the window of opportunity for criminals to gain access.

### ➤ **Keep your firewall turned on.**

It's no use to have a firewall and antivirus system if you don't have them turned on. Firewalls protect your computer from hackers trying to gain access to crash it, delete information, or steal sensitive information.

### ➤ **Protect personal information.**

Most online sites now require us to share personal information such as our name, address, phone number, and email address. When in doubt about supplying this information, either don't do it or call the organization to verify authenticity. Misspellings or grammatical errors are good indicators of a scam.

### ➤ **Note URLs.**

Any financial transaction website should have an "s" after the "http" (e.g., <https://www.mystore.com>). The "s" stands for secure and should appear when you are in an area that requires you to log in or provide sensitive data. Another sign of a secure website is the small lock icon at the bottom of your web browser.

### ➤ **Review financial statements regularly.**

Look over your credit card and bank statements regularly. Noticing any peculiar or fraudulent charges immediately reduces the impact of identity and credit card theft. And remember to check your credit report at least annually.

*It takes a hacker only  
10 minutes to crack a  
6-digit password and  
463 years to crack an  
8-digit password.*



<sup>1</sup> Al-Green, Bob. Infographic. 2012. Available: <http://mashable.com/2012/11/05/cybersecurity-infographic/>.



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# Identity Theft

*Identity theft is using deception and trickery to obtain personal information for illegitimate purposes, typically economic gain.*

*Perpetrators steal data such as Social Security numbers, birth dates, addresses, and bank account information to assume another identity. Credit card fraud and financial scams are the most reported uses for identity theft.*

*Some criminals steal only credit cards and go on shopping sprees, but others make long-term financial commitments, such as taking out a mortgage or buying cars, using the victim's credit history. They may run up huge amounts of debt by opening dozens of charge accounts and never paying the balance. They then file for bankruptcy in the victim's name and ruin the victim's credit history and reputation.*

Not all perpetrators of identity theft seek financial gain. Sometimes they aren't after money and instead may use a stolen identity to do the following:

- Threaten national security or commit acts of terrorism. The September 11 hijackers used fake IDs to board the airplanes.
- Forge government or military identification cards to get access to bases and offices to steal information and threaten national security.
- Steal insurance information to get medical procedures done or get medication.
- Commit felonies with the stolen identity. Victims of identity theft have been arrested and jailed for crimes they didn't commit.
- Obtain a passport to bring someone into the country illegally.

## How To Protect Yourself with Mail, Technology, and Finances

### ► **Mail**

Don't use personal or curbside mailboxes, especially for outgoing bill payments. Use the blue United States Postal Service mailboxes or drop off your mail inside a post office.

If you're going out of town, have the post office hold your mail instead of letting it pile up in the mailbox.

When disposing of your mail, shred all documents that have personal information on them. Criminals will "dumpster dive" to go through trash and find documents with personal data.

### ► **Technology**

Make sure a site is protected and locked before entering any credit or debit card information.

Watch for "shoulder-surfers" or people standing behind you while you're inputting personal information on your computer. This also applies when using an ATM or a credit card—or even your cell phone—at a store.

When disposing of a computer, make sure you clear all information from the system and the hard drive. Just deleting or reformatting isn't enough; purchase software programs to completely erase and destroy all files. Better yet, destroy the hard drive.

Protect your Social Security number and never use it for any sort of password or username. Companies may use the last four digits of your Social Security number for identity verification. Be sure to make those calls and have those conversations in private.

### ► **Finances**

Know when your bills typically arrive so you notice when a bill is late or missing.

Never have personal checks delivered to your home. Pick them up at the bank.

Regularly check your credit report to note any irregularities.

Cancel any credit card you have not used in the last six months.



If you suspect your identity has been stolen, call one of the three major credit reporting agencies. The law requires the agency you contact to contact the other two. The agencies will flag your account so that anyone who tries to view your credit report will have to verify identity.

- Equifax: 800.525.6285
- Experian: 888.397.3742
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# Social Media Safety Tips



The advances in technology, such as GPS tracking, smartphone applications, and video chat, have changed our culture and made everyone feel safer. We're never alone, and help is always a phone call or "tweet" away. But what about when what keeps us connected makes us vulnerable?

When sharing pictures of your delicious meal on Instagram, tweeting about the horrific traffic, posting your resume on LinkedIn, and sharing on Facebook that you are checking into the resort with your friends for Senior Week, remember that information is out there for everyone to see. Although privacy settings and firewalls can protect you, the best way to stay safe when using social media is to be self-monitoring.

► ***Don't give out your personal information.***

Social media sites are a great way for you to express yourself and share the things you like with your friends. Be careful what you share. Don't post any of your personal information, such as your phone number, email address, birthday, or home address. Make sure that you set strong privacy settings.

► ***Think about what you post.***

Don't post inappropriate comments, use foul language, or upload a picture that could get you in trouble. Everything that you post on a social media site has the potential of being copied and stored and can come back to haunt you. Potential employers may look at your social media site and deny you a position because of offensive posts and pictures.

► ***Send or accept friend requests only from people you know.***

An easy way to stay safe when using a social media site such as Facebook is to know who can see your profile. Make sure all of your friends are people you truly know.



➤ ***Be careful what you and your friends share.***

Ask your friends not to post pictures or videos you may be in or share conversations that you've had with them unless they have your permission. Privacy settings are available that require you to approve any post or comment before it attaches to your profile. And be sure to cover or turn off your laptop camera.

➤ ***Don't share your password with your friends.***

Your friends may want to play a harmless joke, but if they post something inappropriate under your name, it could get you in trouble.

➤ ***Control GPS-tracking settings.***

If you have a smartphone and you're using it to go on a social media site, see if you have enabled the geo-location service, and if so, turn it off. Facebook and Foursquare offer the feature to "check in" at registered locations. For example, if you're at the movies with a friend, you can tag both of you in at the theater and post it to your timeline. Using this feature lets everyone in your networks and those of your friends' networks know where you are, even those you may not want to know, and it also alerts wrongdoers to the fact that you are not home.



➤ ***Share your vacation plans and photos after you get home.***

Posting pictures and sharing your location lets everyone with access to your account know where you are. Don't advertise that your home is going to be empty.



*The anonymity and convenience of the Internet, as well as our tendency to do nearly everything online from dating to paying bills, makes us more at risk of fraud and identity theft.*

A study by NCPD, reported that 41 percent of young adults are concerned about fraud and identity theft.<sup>1</sup> All a thief has to do is steal something as basic as a Social Security number to open bank accounts, file for government-issued identification, or apply for credit cards. Although these crimes are relatively easy to commit, investigating and prosecuting these matters are complex and time consuming. Thus, it's up to users and consumers to protect identities and avoid fraudulent schemes.

### ***Phishing Schemes***

People are falling victim to phishing schemes at dramatic rates. Phishing is an online scam using the Internet and social media to trick people into divulging sensitive information and transferring money. Deciphering legitimate messages from fake ones can be difficult. Phishers design messages to look genuine by using company logos and copyrighted images. Fraudulent messages may be very elaborate and may use your name or other personal information to make you think the messages are legitimate.

The most reported fraudulent phishing scheme is a message that appears to be related to the FBI. A scammer will disguise his or her messages and use FBI logos and language to trick people into releasing private information. The federal government will never email you and ask you to verify bank account information or your Social Security number.<sup>2</sup>

Statistics released from an RSA Security Solutions report estimated more than \$687 million in monetary losses worldwide from phishing schemes in the first half of 2012.<sup>3</sup> Phishing remains one of the top threats on the Internet and shows no signs of stopping. These messages play on human emotion and encourage people to act immediately. Phishers use the information provided through these scams to steal identities and account information.

### ***What Phishing Messages Might Look Like...***

- Generic Messages
- Messages Containing Several Links to Unrelated Sites
- Giveaways/Prizes that Seem Random or Too Good To Be True
- Email Petitions and Protests
- Order Confirmation from Online Sites
- Emails from Your Bank To Update Account Information
- Personal Messages from a Friend Allegedly Stranded in Another Country with No Money

To avoid becoming a victim of phishing schemes, always trust your instincts. If you don't know the source of the message or something about it makes you uncomfortable, don't open it or click on it. Your bank will never ask you to give out your account information. If in doubt about the authenticity of any message, call the supposed source to confirm or deny its legitimacy.

- Don't click on links if you don't know the source.
- Don't give out your personal information. If submitting your account information or credit card number for online purchases, make sure the site is protected.
- Use firewalls. Some of the links may carry Trojan horses or viruses that can damage or grant access to files in your computer.
- Update your antivirus system regularly. The upgrades are offered for your protection. The older the system, the more time hackers have to infiltrate the system.

*If you suspect a message is a phishing scheme or you fall victim to a scam, take proper action to protect yourself and report the message.*

If you received the message in email format, forward the text to the United States Computer Emergency Readiness Team (US-CERT) ([www.us-cert.gov](http://www.us-cert.gov)), the Internet Crime Complaint Center ([www.ic3.gov](http://www.ic3.gov)), and the Federal Trade Commission ([www.ftc.gov](http://www.ftc.gov)).

Contact a computer expert to check your computer to ensure no malware or spyware has been installed on your computer.

<sup>1</sup> National Crime Prevention Council. Tips to Prevent Identity Theft. Arlington, VA, 2011. Available: [www.ncpc.org/topics/fraud-and-identity-theft/tips-to-prevent-identity-theft](http://www.ncpc.org/topics/fraud-and-identity-theft/tips-to-prevent-identity-theft).

<sup>2</sup> Internet Crime Complaint Center. 2011 Internet Crime Report. Washington, D.C., 2011. Available: [www.ic3.gov/media/annualreport/2011\\_IC3Report.pdf](http://www.ic3.gov/media/annualreport/2011_IC3Report.pdf).

<sup>3</sup> RSA Security Solutions. Phishing in Season: A Look at Online Fraud in 2012. Bedford, MA, 2012. Available: <http://blogs.rsa.com/phishing-in-season-a-look-at-online-fraud-in-2012/>.

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# Using Technology on the Move

*It's pretty simple: being distracted when operating a car, walking on the street, or using public transportation isn't safe and makes you a target for crime. Technology and portable devices are becoming increasingly popular. We have grown accustomed to constantly being stimulated by smartphones, portable media players, and electronic readers. To drown out the noise of the road, the crowd, or the bus, we put on headphones and become detached from our environment. There's a time and a place to sit back, relax, and let your mind go free—that's not while driving, walking, or taking public transportation.*

## Quick Facts

➤ **Increased Accident Risk by 400%**

Talking on the phone, reading a text message, or sending a text message while you are driving.<sup>1</sup>

➤ **300% Risk Increase in Last 6 Years**

The death rate of people hit by cars or trains while wearing headphones.<sup>2</sup>

➤ **Chance of Accident 23 Times More Likely**

A texting driver is 23 times more likely to get into an accident than a non-texting driver.<sup>3</sup>

➤ **Takes Only 5 Seconds...**

Average time your eyes are off the road when texting? 5 Seconds. If traveling at 55 mph, that's enough time for a vehicle to travel the length of a football field.

➤ **Walking and Talking Risks**

In 2011, more than 1,100 people were treated in emergency rooms for incidents involving mobile phones while walking.<sup>4</sup>

## When Driving

- Don't use phones or other electronic devices while driving. If it's an emergency, use a hands-free device.
- Download a ring-back app or set up a "driving" voicemail alert that tells callers you are driving at the moment and will return the call at your earliest convenience.
- Suspend conversations during hazardous weather conditions.
- Do not engage in stressful or emotional conversations while driving.
- When trying to figure out directions, pull over in a lighted area and map out the route.
- Turn on the audio on your GPS for turn-by-turn directions. But think twice about programming "home" into your GPS. If someone steals your car, they will have your address and may be able to gain access into your garage or home by using the garage door opener in your car.
- Turn notifications off. The fewer alerts you receive from your phone, the less likely you are to look at it.
- Use a designated texter. If there is someone else in the car with you, have him or her text for you.



## While Walking/Jogging/Running/Biking

- Put the headphones in only one ear. This way, you can hear traffic and pedestrian noises.
- Move to the side and stand still while sending a text or searching through your phone.
- When using a portable device, keep a strong grip and hold it close to your body.
- If struggling to find a signal, don't hold the device up in the air with one hand. Not only does this do little to help with reception but also it draws attention to the device and makes it easier to steal.
- Use a hands-free device for phone calls and stay alert.
- Turn off notifications. Wait until you get home to check the alerts.
- Do not engage in emotional or stressful conversations.
- Monitor your phone call and what you say. You're not telling just the person on the other line that you're lost, almost home, or on the way to the bank; you're telling everyone around you.



## When Taking Public Transportation

- Keep electronic devices secure, and if listening to music, have only one headphone in your ear and keep the device fastened in a pocket.
- Be discreet. You never know who is looking over your shoulder. Opening social media or email gives those around you a chance to view your personal information.
- Avoid bright-colored cords for your headphones that will attract attention that you have an expensive device.
- Don't use the device near doors. A thief can reach in and grab the device.



<sup>1</sup>Virginia Tech Transportation Institute (2009). Transportation with Technology.

<sup>2</sup>Source: Lichtenstein, R., Smith D., Ambrose, J., Moody, L. (2012). "Headphone use and pedestrian injury and death in the United States 2004–2011." *Injury Prevention*, 04016. Published Online First 16 January 2012.

<sup>3</sup>Virginia Tech Transportation Institute. (2009). Transportation with Technology.

<sup>4</sup>McEvoy, S.P., Stevenson, M.R., McCartt, A.T., Woodard, M., Haworth, C., Palamara, P., and Cercarelli, R. (2005). Role of mobile phones in motor vehicle crashes resulting in hospital attendance: a case-crossover study. *BMJ* 331(7514). p.3.



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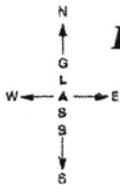
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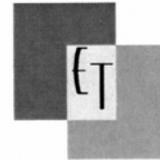
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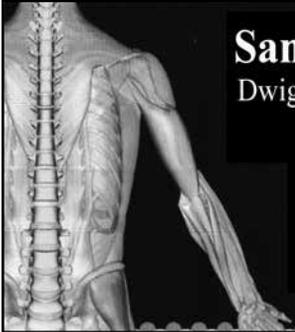
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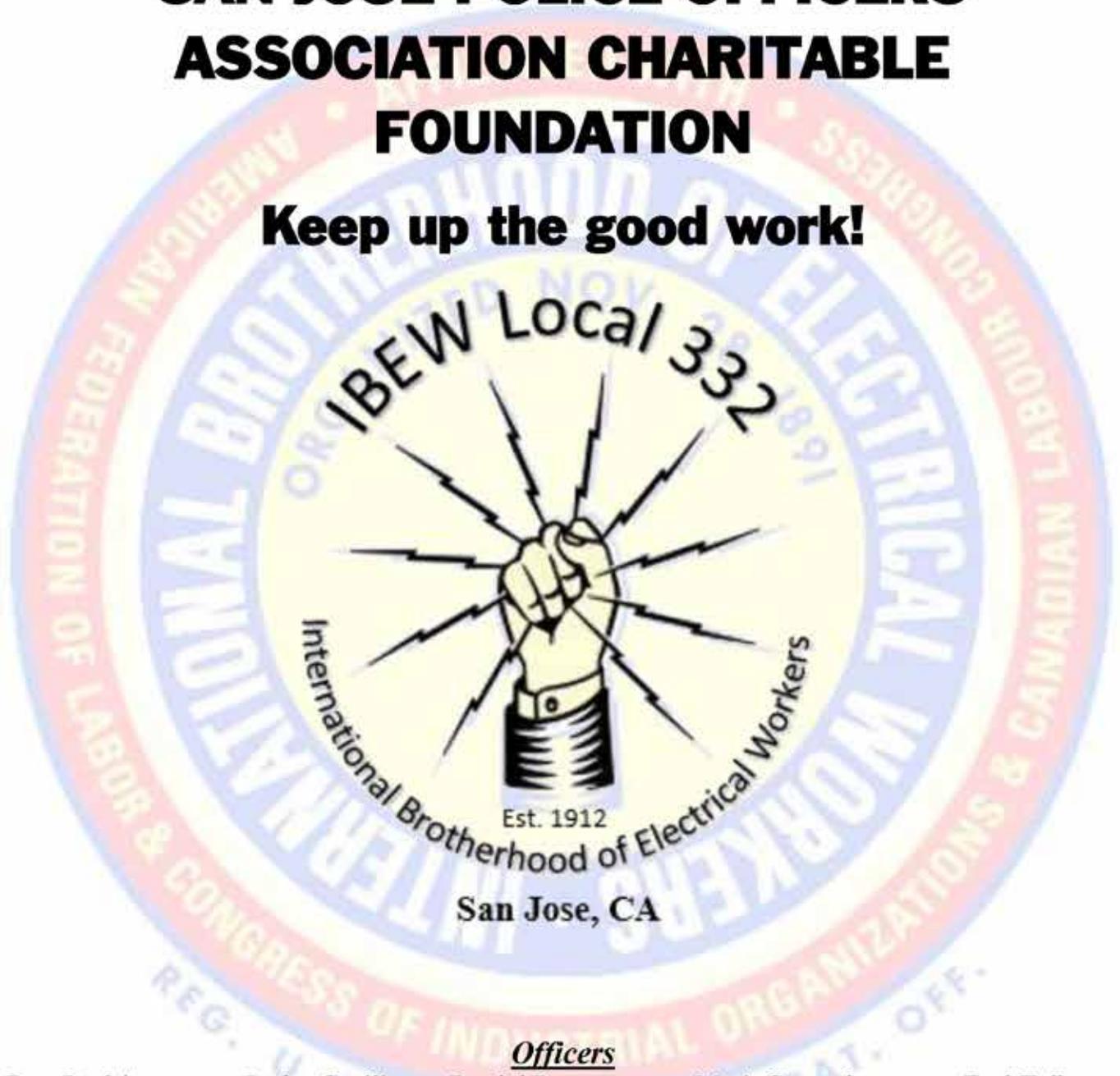
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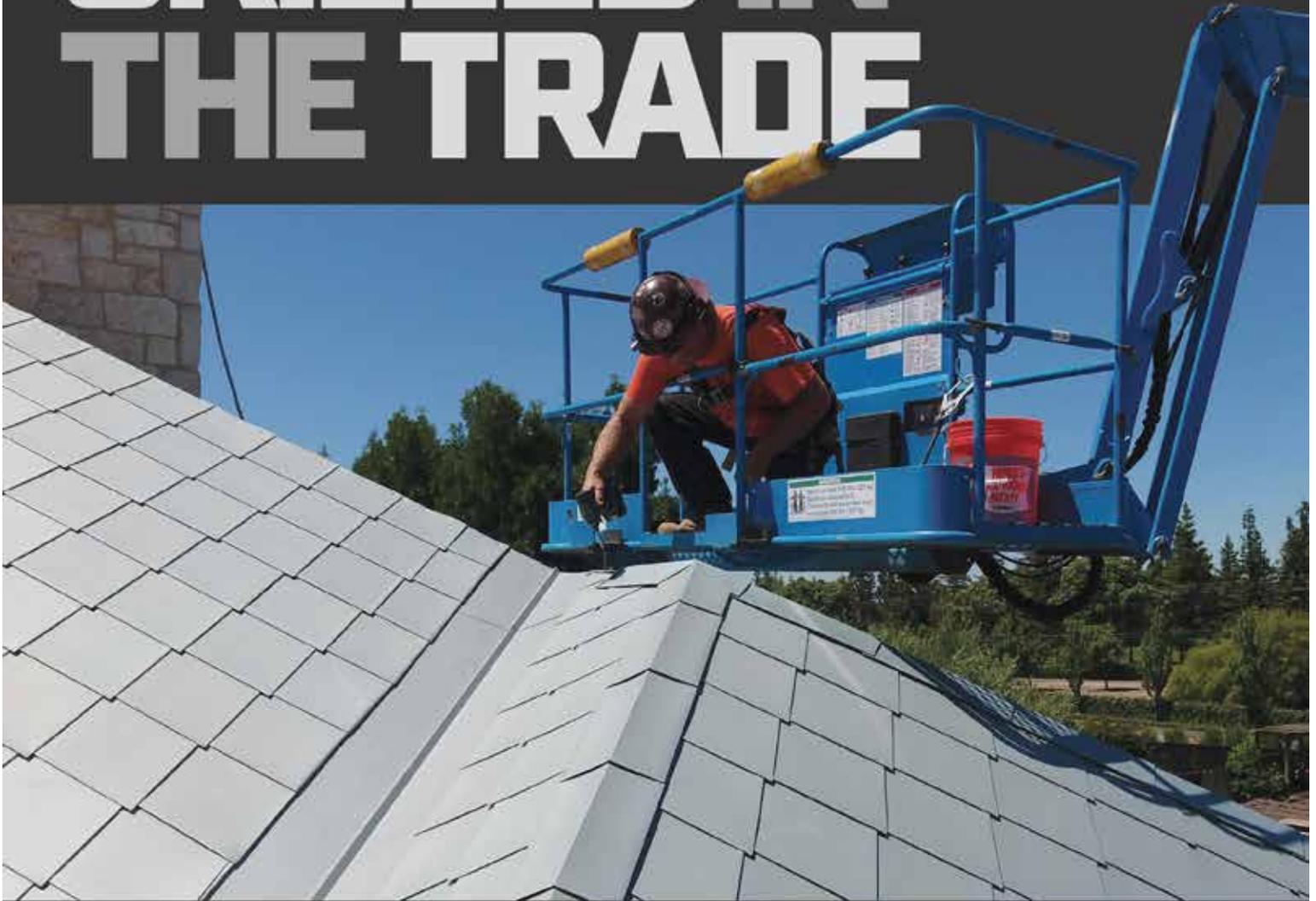
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